


INFO	FTSE	DAX	DOW	S & P	NAZDAQ
Market Type					
Daily ATR					
Weekly ATR					
Yesterday's HIGH					
LOW					
CLOSE					
Today's OPEN					
+/- To Y/day's CLOSE					
Yesterday's GAIN +/-					
Yesterday's GAIN %					

Sheet No: _____ Today's Target: £ Date: / /

Economic Events: 

Trade Type & Set Up				(P)Entry Price,(£)Amount,(T)Time			Targets, Stops, Risk/Reward Ratio			(P)Exit Price,(£)Amount,(T)Time			Total (£)	Grades	
No	Purchase	L/S	Set Up	Entry 1	Entry 2	Entry 3	Targets	Stops	R/R	Exit 1	Exit 2	Exit 3	Profit/Loss	T.A.	E.Q.
1				P	P	P	T1	S1		P	P	P	£		
				£	£	£	T2	S2		£	£	£			
				T	T	T	T3	S3		T	T	T			
Trade Notes:				Entry Notes:			Mistakes Made?			Exit Notes:			Grade Comment:		
2				P	P	P	T1	S1		P	P	P	£		
				£	£	£	T2	S2		£	£	£			
				T	T	T	T3	S3		T	T	T			
Trade Notes:				Entry Notes:			Mistakes Made?			Exit Notes:			Grade Comment:		
3				P	P	P	T1	S1		P	P	P	£		
				£	£	£	T2	S2		£	£	£			
				T	T	T	T3	S3		T	T	T			
Trade Notes:				Entry Notes:			Mistakes Made?			Exit Notes:			Grade Comment:		
4				P	P	P	T1	S1		P	P	P	£		
				£	£	£	T2	S2		£	£	£			
				T	T	T	T3	S3		T	T	T			
Trade Notes:				Entry Notes:			Mistakes Made?			Exit Notes:			Grade Comment:		